**Patient Name:** PALACIOS, ALEJANDRO

**Date of Birth:** 02/26/1988

**Date of Service:** 02/23/2022

**History of Present Illness:**  
This is a 34 year-old right hand dominant male presents for follow-up evaluation. Patient injured Right Knee in the accident. Patient has tried PT.

The patient complains of right knee pain that is 5/10 when walking, with 10 being the worst. The right knee pain increases with walking. The knee pain improves with medication.

**Past Medical History:**  
Noncontributory

**Past Surgical History:**  
Status post right knee surgery on 01/31/2022.

**Past Accident/Injuries:**

**Daily Medications:**  
Naproxen and pain medications prescribed by Dr. Johal

**Allergies:**  
No known drug allergies

**Social History:**

**Physical Examination:**  
**General Appearance:** Patient is a well-developed, well-nourished male in no acute distress. Awake, alert,   
and oriented x 3. Mood and affect are normal.  
**Gait and Station:** Patient uses a cane to ambulate.

**Right Knee:**  
Examination of the knee revealed no tenderness on palpation. There was no effusion. There was no atrophy of the quadriceps noted. Lachman’s test was negative. Anterior drawer sign and Posterior drawer sign were each negative. Patellofemoral crepitus was not present. Valgus & Varus stress test was stable. Range of motion Flexion 120 degrees (150 degrees normal ) Extension 0 degrees (0 degrees normal ).

**Diagnostic Imaging:**

**Assessment and Plan:**  
Recommend to continue PT.

The patient’s Right Knee was examined   
Patient is to return to the office on an as-needed basis.

Causality: It is within a certain degree of medical certainty, that the history presented by the patient, the objective physical findings as well as the diagnosis rendered is causally related to the injury the patient incurred on the specified date. These current symptoms were nonexistent prior to the accident. Findings were discussed with the patient. Patient is considered 100% temporarily disabled.  
  
In response to the required COVID-19 mandates the following precautions have been taken. Doctors and Medical Assistants wore masks and gloves; examination rooms are completely disinfected after each use. Patient was required to wear a mask. Temperature scan was administered prior to examination. No more than 10 people were permitted in the waiting room at any time as this is the max that can be achieved while still maintaining six (6) feet social distancing guidelines. Only the patient was permitted in the examination room.



**L Sean Thompson, M.D.**